

Bannock

- 1 Cup All purpose flour
- 1 Tsp. Baking powder
- 1/4 Tsp. Salt
- ? Pinch Water - enough to make dough

- ☐ Mix together dry ingredients.
- ☐ Add just enough water to make a stiff dough.
- ☐ Take a small amount of dough and form a flattened ball. Bend over a small branch and cook over an open fire.
- ☐ Serve with jam and/or butter.

Yield: 4 - 6 pieces.

Comments: 1) *Mix dry ingredients and store in plastic bag to take camping.*
2) *Lots of fun for kids of all ages.*