

Meat Loaf

1 1/2 lb. Lean ground beef
1 Cup Parmesan cheese (grated)
1 Cup Crackers (rolled fine)
1/2 Cup Onion (finely chopped or grated)
1 Tsp. Salt
1/4 Tsp. Pepper
1/4 Tsp. Dry Mustard
1 - Egg (slightly beaten)
3/4 Cup Milk
1 Dash Horseradish - a touch is good.

- ☐ Preheat oven to 350 F (177 C)
- ☐ Mix all ingredients well.
- ☐ Pack firmly in oiled loaf pan.

3/4 Cup Chili sauce to cover

- ☐ Bake uncovered for 45 minutes at 350 F.
- ☐ Spread chili sauce over top of meat loaf mixture
- ☐ Bake an additional 15 minutes or until internal temperature is 170 F.

Yield: 4 servings

Comments: 1) from Ruth Clark. Hands down the best meatloaf ever!!

2)