

Chocolate-Chia Pudding

- 3 Tbsp Chia Seeds
- 1 Cup Chocolate Flavored Non-Dairy Milk
- Garnish - Shredded Coconut and/or Slivered Almonds

- ☐ Pour milk into a bowl and add chia seeds.
- ☐ Mix with whisk and let stand for 40 minutes stirring from time to time until the texture becomes similar to that of tapioca pudding.
- ☐ Top with garnish of choice and chill in refrigerator.

Yield: Serves 2 - 4

Comments: 1) Easy to make and keeps well in refrigerator for several days.