Green Onion Cake

1 Tsp. Yeast 1/2 Cup Warm Water 1 Tsp. Sugar

Add sugar and yeast to water to proof.

1 1/2 Cup All Purpose Flour

Sift flour.

Divide flour into 2 separate bowls.

In first bowl, add the yeast/water mixture.

Mix with spatula until dough forms.

1 Tsp. Salt

1/2

Cup Boiling Water

2 Tbsp Vegetable Oil (Alternate - Use Lard for flakier texture)

1 Cup Finely Chopped Green Onions

In the second bowl, sprinkle salt over flour.

Slowly pour in boiling water while stirring vigorously (this cooks the dough).

Continue to mix and add additional water a bit at a time until a rough dough is formed.

Mix in 2 tablespoons of vegetable oil.

Roll out both batches of dough on a floured board. Then kneed both batches together. Let rise for 30 to 40 minutes.

Roll out the risen dough on a floured board. Form into a 1-inch thick log then cut into ping-pong ball sized segments.

☐ With a rolling pin, roll out each segment into a 4 - 5-inch circle.

Brush each segment with vegetable Oil. Sprinkle with green onions.

Roll up each circle, semi-tightly, making sure the green onions stay in place.

Now roll it again lengthwise until it forms a coiled ball.

Turn the spiral side face up, then flatten into a circle with the rolling pin. Place on a plate and repeat with the remaining dough until you have a stack of onion cakes.

1 Tbsp Vegetable Oil

Heat a flat bottom skillet on medium high. Add vegetable oil to coat bottom.

Pan fry onion cakes until golden brown (2 - 3 minutes per side). Serve warm.

Yield:

Comments: 1) Uncooked onion cakes can be frozen for future use.

2)







