

Pain Relief

	Ibuprophen	Naproxen	Acetaminophen	Asprin
Brand names:	Motrin / Advil	Aleve	Tylenol	Bayer
Normal Dosage	200 - 400 mg	200 mg	650 mg	325 - 650 mg
Joint Pain	😊	😊		
Back Pain	😊	😊		
Muscle Pain	😊	😊		
Inflammation	😊 600 mg (1)	😊 500 mg (2)		
Severe Pain	(Take Ibuprophen & Acetaminophen Together) 😊 (3)			
Fever			😊	
Headache			😊	😊
Migrane			😊 (Take Together) 😊	
Notes: 1) Ibuprophen - For effective relief of inflammation, 600 mg dose is required (on Doctors advice) 2) Naproxen - For effective relief of inflammation, 500 mg dose is required (on Doctors advice) 3) https://www.goodrx.com/blog/is-it-safe-to-take-tylenol-acetaminophen-with-advil-or-motrin-ibuprofen/ 4) https://www.self.com/story/best-pain-reliever-when-to-take-nsaids-and-acetaminophen				